



RECREATION AT HOME

Bike Maintenance Tips from Schwinn

Get those bikes ready to hit the ROC bike park and North Shore trails with Schwinn's Videos on How to wash your bike and lubricate your bike chain.

Time to complete: 1 to 2hrs+

Age group: 6yrs+

Directions

- Watch Schwinn's Video's
- Get out your bike
- Gather all required items
- Get outside and have fun!

Resources

How to wash your bike: <https://www.youtube.com/watch?v=foJnFchpRPg>

How to lubricate your bike chain: <https://www.youtube.com/watch?v=xIIrpErN0Bw>

