

Georgina Spring Leisure Guide 2010

CHILDREN/YOUTH PROGRAM DESCRIPTIONS & SCHEDULE

AFTER SCHOOL PROGRAM (6-13yrs)

Everyone has a healthy after school snack, a Staff person is there to help with homework and we always have LOTS of FUN activities planned! These will include in and outdoor games, sports, art projects, computer fun, and MORE!

BASKETBALL, BADMINTON & FLOOR HOCKEY PICK-UP (7-16 +yrs)

These are drop-in program time slots. See schedule for age & time breakdowns. Equipment is provided, just come and spike a few birdies, shoot some hoops or play a few pick-up games. See schedule for available times.

BASKETBALL (5-8yrs) © ©

This is an instructor led program for basketball players looking to learn the basic skills of the game. The instructor will provide fun pick-up games as well as individual skill training in dribbling, passing & shooting.

YOUTH BASKETBALL LEAGUE (9-12 & 13-15yrs) © ☺ ⚡

This league is for the more experienced basketball player. It will consist of practice one night per week then have a game against another team another night of the week. Focus is on enhancing their basketball skills in a team environment. Schedules will be handed out once team assignments have been finalized. Assessments are mandatory to help balance the teams. Assessments will be the first week. We are taking applications for those who would like to coach. Please call 905-476-4301 ext. 375.

BIRTHDAY PARTY RENTALS ©

Planning a Birthday Party? Book your child's birthday party at the Georgina Gym or Pefferlaw Youth Centre. Our trained staff will provide 60 minutes of recreation programming and supervise participants throughout the rental. Parties must be booked a minimum of 2 weeks in advance, maximum of 20 participants and

parents must be present during rental. Party packages are available Saturday's from 12-2pm or 2:30pm-4:40pm at both facilities & Sunday's 1-3pm or 3:30-5:30pm at the Georgina Gym - include:

- 60 minutes of structured Rec. time and equipment,
- 60 minutes in the Program Room

BOAT OPERATORS COURSE

Everyone who operates a power boat as of Sept 15, 2009 will need the Pleasure Craft Operator's Card. Any power driven vessel, large or small.

CHILDREN'S ART PROGRAM (4-6 & 7-9yrs) ✍ ©

Through a step-by-step method, students ages 4-, are taught basic drawing and painting skills which result in art work that is realistic and attractive. The program will accommodate the different skill levels of the students enabling them to move ahead at their own pace. This enables them to be given the artistic 'tools' they need to create art for the rest of their lives. These classes will build a strong foundation of classical skills that will enable them to eventually follow any artistic path they choose.

CHILDREN'S THEATRE WORKSHOP (7-10 & 10-15yrs)

Ages 7-10yrs – Children will learn theatre techniques that will prepare them for theatre productions. They will learn mime, improv and script work. Ages 10-15yrs – This workshop is designed to involve the young actors in all aspects of a production. They will be given a part in the production but will also help design costumes, sets, props and learn how to apply stage make-up. Some of the sessions will be group work with the younger group and they will have a chance to learn different theatre techniques that will help with character development and stage work. The young actors will perform using the different techniques on the last day for parents and friends.

MARCH BREAK 2010 SKATING SCHEDULE

Georgina Sutton Arena		
Fri., March 12	Pay Hockey	8:00 am to 10:00 am
	Parent & Tot	10:00 am to 11:00 am
	Public Skating	11:00 am to 1:00 pm
Sun., March 14	Public Skating	1:00 pm to 2:00 pm
Mon., March 15	Pay Hockey	8:00 am to 10:00 am
	Public Skating	3:00 pm to 5:00 pm
Tue., March 16	Seniors Skate	10:00 am to 11:00 am
Wed., March 17	Pay Hockey	8:00 am to 10:00 am
	Public Skating	1:00 pm to 3:00 pm
Thurs., March 18	Pay Hockey	10:00 am to 12:00 pm
	Public Skating	1:00 pm to 3:00 pm
Fri., March 19	Pay Hockey	8:00 am to 10:00 am
	Parent & Tot	10:00 am to 11:00 am
	Public Skating	11:00 am to 1:00 pm
Sun., March 21	Public Skating	1:00 pm to 2:00 pm

Georgina Ice Palace (note time changes to pay hockey/parent & tot)		
Fri., March 12	Pay Hockey (Blue)	8:00 am to 10:00 am
Mon., March 15	Pay Hockey (Blue)	8:00 am to 10:00 am
	Parent & Tot (Blue)	1:00 pm to 2:00 pm
	Public Skating (Blue)	2:00 pm to 4:00 pm
	All Abilities Skate (Blue)	4:00 pm to 5:00 pm
Tues., March 16	Pay Hockey (Blue)	8:00 am to 10:00 am
	Parent & Tot (Blue)	11:00 am to 12:00 pm
	Public Skating (Blue)	1:00 pm to 3:00 pm
Wed., March 17	Pay Hockey (Blue)	8:00 am to 10:00 am
	Public Skating (Blue)	1:00 pm to 3:00 pm
Thurs., March 18	Pay Hockey (Blue)	8:00 am to 10:00 am
	Public Skating (Blue)	1:00 pm to 3:00 pm
Fri., March 19	Pay Hockey (Blue)	8:00 am to 10:00 am
	Senior Skate (Blue)	2:00 pm to 3:00 pm
	Public Skating (Blue)	3:00 pm to 5:00 pm
Sat., March 20	Public Skating (Blue)	8:00 pm to 10:00 pm
Sun., March 21	Public Skating (Blue)	1:00 pm to 2:00 pm

Georgina Spring Leisure Guide 2010

COOKING

KID-CHEFS (6-9yrs) & YOUTH-CHEFS (10-13yrs) 🍴👤

Qualified instructors lead Kid-Chef & Youth-Chef. This is a great creative way for kids/youth to learn how to chop, stir, blend and mix. Kids will be taught kitchen safety, the different utensils, measuring ingredients, reading a recipe and healthy eating. Program will be kept basic yet loads of Fun.

CRAFT ATTACK (6-8yrs & 9-13yrs) 🎨👤

This is a fun way to get creative with a variety of art supplies. The program will include all hand-crafted projects that the children will learn and create themselves from easy to use materials or recycled objects from around the home. Items such as models, toys, gifts and games are just some of the projects the participants will complete.

DANCE - BALLET BUNNIES (5-6yrs) 🎶👤👤

Continuing to work in a creative manner, skills introduced include working in 1st and 2nd positions of the feet, plies, tendus, bounces, marches and skips. More emphasis is put on stretching the feet and legs. Introduction to basic arm positions and coordinating the arms and legs together. Participation is without parents.

DANCE - BALLET LEVEL 1 (6-7yrs) 🎶👤👤

Building on skills introduced in Ballet Bunnies, 1st, 2nd positions of the feet are mainly used, with an introduction to the 3rd position of the feet. Skills achieved include plies, tendus, grands battements and sautés. Continued emphasis on stretching the feet and legs. More advanced positions of the arms are introduced, and chains of steps are put together to form more advanced dance formations. Participation is without parents.

DANCE - HIP HOP (5-13yrs) 🎶👤👤

This is an introduction to the creative and up beat movement of Hip Hop. In this class you will be taught how to develop your own style through learning a combination of sound, rhythm and movement.

DODGEBALL PICK UP (6-13yrs)

Get a bit of exercise while you have fun with your friends. This is a free program, come when you can, but we would like you to register in advance (assists in making up teams). We have over 30 versions of Dodgeball! Lets try them out!

DOVE SELF ESTEEM WORKSHOPS (9-14yrs)

"Dove" Self-Esteem workshops were developed to make a real change in the way women and young girls perceive and embrace beauty, getting away from the beauty stereotypes.

These workshops include activities to raise self-esteem and to help women to empower young girls to become stronger and more confident. This program is for young girls and their mothers or another female mentor - in her life (both must register for the program).

FAMILY ZUMBA (Parent & Child 8+yrs) 🎶👤👤

Join this program with your child and enjoy the Zumba experience together. Zumba has become one of the fastest growing Latin dance-inspired fitness crazes in North America and has reached far and wide across the world. People of all ages are falling in love with its infectious music, easy-to-follow dance moves and body-sculpting benefits. Come dance to the rhythms of Salsa, Merengue, Reggae town and other Latin beats.

DROP IN (14+yrs)

Hang out in the Games Rooms to play pool, foosball or air hockey. Play ping pong, dodgeball or other gym games in the loft. Chill out in the Computer Lab, belt out a song on the karaoke mic or challenge a friend to a board game. You choose what you'd like to do at Pepperlaw Youth Centre!

FLOORBALL (6-9yrs & 10-13yrs) 🏑👤

The evolution of hockey! Floorball is a fast-paced, high scoring game played with advanced lightweight sticks. The rules emphasize skill and scoring. It is played professionally in 3 countries and is now popular in 45 internationally recognized countries. Floorball is considered the cleanest form of hockey in the world! This is a free registered program with limited spots available so register now! Sticks provided.

FLOOR HOCKEY (5-8yrs & 9-13yrs) 🏑👤👤

This indoor program is instructor led and designed for the Hockey player who is interested in improving their skills. The instructor will review the game with them and will help the children to enhance their basic Floor Hockey skills. Hockey Helmet Mandatory, sticks are provided.

HOMEWORK CLUB (6-18yrs)

Come in after school and get your homework done. Work together with your classmates on an upcoming project or just do a little extra work to stay ahead. Staff is always available to help out when needed.

GOLF CLINICS

Improve your Golf skills, learn from a CPGA Golf Professional. Bring your own clubs or borrow from the Centre. Includes 1 large basket of balls each day (4 day program).

Palliative Care Support



**Caregiver Relief
Grief Support
Friendly Visiting**

(no referral needed)
for **FREE, IN-HOME,
NON-MEDICAL SUPPORT**

CALL TODAY 905-722-9333 or 905-476-3331

www.hospicegeorgina.com • caring@hospicegeorgina.com

Charitable organization reg. No. 87016 6436 RR0001

🦿 Program Accessibility

All programs can be accommodating depending on the degree of accessibility. Please explain accessibility requirements when registering. If facilitators are required, family will need to provide the personnel required or cover cost of providing a facilitator.

Georgina Spring Leisure Guide 2010

KARAOKE CAFÉ – Drop In (6-14yrs)

Sing, rap, rhyme... jokes, poems & even just listening are fine! At the Karaoke Café we are thoughtful & kind so we're ALL guaranteed to have a good time!

KIDS CLUB (6-14yrs)

Tons of awesome games, sports, creative art projects, in & outdoor activities! Belt out a song on the karaoke mic or challenge a friend to a board game! Hang out in the Games Room to play pool, foosball, ping pong or choose to just chill out in the Computer Lab!

MARTIAL ARTS (5-9yrs & 10+yrs) ©

This is a free program that teaches it's participants discipline and self-confidence. Learn kicks, strikes and self-defense in a non-threatening environment with experienced staff.

OPEN MIC – Drop In (14+yrs)

Make people laugh! Share your views! Show off your talent! At Open Mic we encourage you to SHOUT IT OUT through Poems, Spoken Word, Jokes, Raps, Songs, Music, Readings, etc. Join us at Pefferlaw Youth Centre and have your say!

MOVIE NIGHT (6-13yrs)

Lights! Camera! Action! Watch cool New Release movies on the BIG screen every Friday night!

MY TIME BOYS CLUB / GIRLS CLUB – Drop In (6-14yrs)

Cool games, activities and projects just for boys and in a separate group there will be games, activities and crafts just for girls.

SKATEBOARDING (8-15yrs) © ☺ ✳

Learn from our instructor on how to safely maneuver around

the Skate Park with ease and confidence. There is a Beginner & Intermediate level program focusing on FUNdamentals and safety using the SKATZ progression-based teaching system. CSA approved skateboarding helmet along with elbow, knee and wrist guards are MANDATORY to participate in this program.

SOCCER (5-7yrs & 8-11yrs) © ☺

This indoor program is designed for the soccer player who is interested in improving their skills in the off-season. The instructor will review the game with them and will help the children to enhance their basic soccer skills such as dribbling, passing & ball handling.

SPORTS OF ALL SORTS (6-14yrs)

This is a free drop in program. Come and enjoy a different sport each day. Participants will receive a brief introduction and then have the rest of the time to play. Example of sports offered: Bball, Badminton, FI Hockey, Vball, Soccer, Football.

TENNIS (9-11yrs & 12-14yrs)

This outdoor program is designed for the tennis player who is interested in improving their skills. The instructor will review the game and work on the basic tennis skills.

UDORA YOUTH NIGHT (drop in) 10-14yrs

Come out and enjoy a night of activities and socializing with your friends. Each night will be something different, some activities include: table tennis, board games, cards, cooking, basketball and more.

Programs are subject to change without notice and will run provided minimum numbers are met

PROGRAM	AGE	LOCATION	DAY	TIME	START	COST	DUR.
AFTER SCHOOL PROGRAM	6-13yrs	Georgina Gym Sutton Youth Centre Pefferlaw Youth Centre	Tues Tues Mon	3:30pm-5:30pm 3:30pm-5:30pm 3:00pm-5:30pm	Ongoing	FREE	Ends June
BADMINTON (pay as you play)	16+	Georgina Gym	Fri	7:30pm-10:00pm	Ongoing	\$2/day	25-Jun
BASKETBALL ☺ ☺	5-8yrs	Georgina Gym	Tues	6:30pm-7:30pm	06-Apr	\$50	10 wks
BASKETBALL (pick-up)	10-15yrs 16+yrs	Georgina Gym Georgina Gym	Mon Mon	6:30pm-8:00pm 8:00pm-10:00pm	Ongoing Ongoing	FREE \$2/day	21-Jun 21-Jun
YOUTH BASKETBALL LEAGUE ☺ ☺ ♀	9-12yrs 13-15yrs	Sutton HS & Lakeside PS Sutton HS & Lakeside PS	M & W M & W	6:00pm-7:00pm 7:00pm-8:00pm	07-Apr 07-Apr	\$95 1child \$80 addt'l	10 wks 10 wks
BIRTHDAY PARTY RENTALS ☺	All	Georgina Gym Pefferlaw Youth Centre		Sat & Sun Sat		\$109.16 Call to book your Party!	
BOAT OPERATORS COURSE	8+yrs	Ice Palace MPR Ice Palace MPR Ice Palace MPR	Wed Wed Wed	6:00pm-9:00pm 6:00pm-9:00pm 6:00pm-9:00pm	07-Apr 05-May 02-Jun	\$70 \$70 \$70	3 hrs 3 hrs 3 hrs
CHILDREN'S ART PROGRAM ✍ ☺	4-6yrs	Udora Hall	Sat	10:00am-11:30am	10-Apr	\$57	6 wks
CHILDREN'S THEATRE WORKSHOP	7-10yrs 10-15yrs	Stephen Leacock Thtr Stephen Leacock Thtr	Tues Tues	6:30pm-7:30pm 6:30pm-8:30pm	13-Apr 13-Apr	\$90 \$120	8 wks 8 wks
COOKING ☺ ☺	Kid Chef 6-9yrs	Ice Palace Hall Ice Palace Hall	Thurs Thurs	4:45pm-6:00pm 4:45pm-6:00pm	08-Apr 20-May	\$45 \$45	5 wk 5 wk
	Youth Chef 10-13yrs	Ice Palace Hall Ice Palace Hall	Thurs Thurs	6:15pm-7:15pm 6:15pm-7:15pm	08-Apr 20-May	\$45 \$45	5 wk 5 wk
CRAFT ATTACK ✍ ☺	6-8yrs	Ice Palace Gym - PR	Mon	6:00pm-7:00pm	12-Apr	\$30 incl.mat	5 wks
	9-13yrs	Ice Pala ce Gym - PR	Mon	7:00pm-8:00pm	12-Apr		
	6-8yrs	Sutton Arena Hall	Mon	6:00pm-7:00pm	17-May		
	9-13yrs	Sutton Arena Hall	Mon	7:00pm-8:00pm	17-May		

Georgina Spring Leisure Guide 2010

PROGRAM	AGE	LOCATION	DAY	TIME	START	COST	DUR.
DANCE BALLET BUNNIES ♫ ☺ ☺	5-6yrs	Ice Palace PR	Thurs	6:00pm-6:45pm	08-Apr	\$32	8 wks
	5-6yrs	Sutton Arena Hall	Wed	6:30pm-7:15pm	07-Apr	\$32	8 wks
DANCE BALLET LEVEL 1 ♫ ☺ ☺	6-7yrs	Ice Palace PR	Thurs	6:45pm-7:30pm	08-Apr	\$32	8 wks
DANCE HIP HOP ♫ ☺ ☺	5-8yrs	Stephen Leacock Thtr	Thurs	5:00pm-6:00pm	01-Apr	\$40	8 wks
	5-8yrs	Stephen Leacock Thtr	Thurs	6:00pm-7:00pm	01-Apr	\$40	8 wks
	9-14yrs	Stephen Leacock Thtr	Thurs	7:00pm-8:00pm	01-Apr	\$40	8 wks
	5-8yrs	Sutton Arena Hall	Wed	7:15pm-8:15pm	07-Apr	\$40	8 wks
DANCE/FITNESS FAMILY ZUMBA ♫ ☺ ☺	Parent & Child 8+yrs	Ice Palace Hall	Tues	5:15pm-6:00pm	13-Apr	\$40	8 wks
		Black River PS, Sutton	Mon	5:15pm-6:00pm	12-Apr	\$40	8 wks
DODGEBALL (pick-up)	9-12yrs	Georgina Gym	Wed	7:30pm-8:30pm	Ongoing	FREE	23-Jun
	6-13yrs	Pefferlaw Youth Centre	Tues	6:30pm-7:30pm			22-Jun
"DOVE" SELF-ESTEEM WORKSHOPS	9-11yrs	Ice Palace MPR	Thurs	6:30pm-7:30pm	20-May	\$42 Youth & \$0 Parent	6 wks
	12-14yrs	Ice Palace MPR	Thurs	7:30pm-8:30pm	20-May		6 wks
	9-11yrs	Sutton Multi-Use	Thurs	6:30pm-7:30pm	08-Apr		6 wks
	12-14yrs	Sutton Multi-Use	Thurs	7:30pm-8:30pm	08-Apr		6 wks
DROP IN	14+yrs	Pefferlaw Youth Centre	M/T/W/Th	7:00pm-9:00pm	Ongoing	FREE	Ends June
		Pefferlaw Youth Centre	Fri	7:00pm-10:00pm			
FLOORBALL ☺ ⚡	6-9yrs	Sutton Youth Centre	Wed	4:45pm-5:45pm	Ongoing	FREE	Ends June
	10-13yrs	Sutton Youth Centre	Wed	5:45pm-6:45pm			
FLOOR HOCKEY ☺ ☺ ⚡	5-8yrs	Georgina Gym	Wed	5:30pm-6:30pm	07-Apr	\$50	10 wks
	9-13yrs	Georgina Gym	Wed	6:30pm-7:30pm	07-Apr	\$50	10 wks
FLOOR HOCKEY (drop in) ⚡	6-13yrs	Pefferlaw Youth Centre	Tues	5:00pm-6:00pm	Ongoing	FREE	22-Jun
GOLF CLINICS	7-13yrs	Willow Greens Golf Centre	Mon	6:00pm-7:00pm	Sessions Begin May 3, June 7 \$95/session, 4 wks/session		
	14+yrs		Mon	7:00pm-8:00pm			
HOMEWORK CLUB	6-14yrs	Sutton Youth Centre	M/W/Th/F	3:45pm-6:45pm	Ongoing	FREE	Ends June
	6-14yrs	Sutton Youth Centre	Tues	5:30pm-6:45pm			
	6-18yrs	Pefferlaw Youth Centre	T/W/Th/F	3:00pm-8:00pm			
	6-18yrs	Pefferlaw Youth Centre	Mon	5:45pm-8:00pm			
	6-18yrs	Georgina Gym	Wed	3:30pm-6:00pm			
KARAOKE CAFÉ (drop in)	6-14yrs	Sutton Youth Centre	Fri	5:45pm-6:45pm	Ongoing	FREE	Ends June
	6-13yrs	Pefferlaw Youth Centre	Thurs	5:00pm-7:00pm			
KIDS CLUB (drop in)	6-13yrs	Pefferlaw Youth Centre	T/W/Th/F	3:00pm-8:00pm	Ongoing	FREE	Ends June
	6-13yrs	Pefferlaw Youth Centre	Mon	5:45pm-8:00pm			
	6-14yrs	Sutton Youth Centre	M/W/Th/F	3:30pm-6:45pm			
	6-14yrs	Sutton Youth Centre	Tues	5:30pm-6:45pm			
MARTIAL ARTS ☺	5-9yrs	Pefferlaw Youth Centre	Wed	6:30pm-7:30pm	Ongoing	FREE	Ends June
	10+yrs	Pefferlaw Youth Centre	Wed	7:30pm-8:30pm			
MOVIE NIGHT (drop in)	6-13yrs	Pefferlaw Youth Centre	Fri	6:00pm-8:00pm	Ongoing	FREE	Ends June
MY TIME BOYS CLUB	6-14yrs	Sutton Youth Centre	Thurs	5:30pm-6:30pm	Ongoing	FREE	Ends June
MY TIME GIRLS CLUB	6-14yrs	Sutton Youth Centre	Thurs	5:30pm-6:30pm		FREE	
OPEN MIC (drop in)	14+yrs	Pefferlaw Youth Centre	Fri	8:30pm-9:30pm	Ongoing	FREE	Ends June
SKATEBOARDING ☺ ☺ ⚡	6-9yrs Beg.	Ice Palace Skateboard Park	Sat	9:00am-10:00am	01-May	\$40	8 wks
	6-9yrs Int.	Ice Palace Skateboard Park	Sat	10:00am-11:00am	01-May	\$40	8 wks
	10-14yrs Beg	Ice Palace Skateboard Park	Sat	11:00am-12:00pm	01-May	\$40	8 wks
	10-14yrs Int.	Ice Palace Skateboard Park	Sat	12:00pm-1:00pm	01-May	\$40	8 wks
SOCCER ☺ ☺	5-7yrs	Georgina Gym	Thurs	6:00pm-7:00pm	08-Apr	\$50	10 wks
	8-11yrs	Georgina Gym	Thurs	7:00pm-8:00pm	08-Apr	\$50	10 wks
SPORTS OF ALL SORTS (drop in)	6-13yrs	Georgina Gym	M/W/Th/F	4:00pm-5:00pm	Ongoing	FREE	Ends June
TENNIS (Instructed)	9-11yrs	The Briars Resort	Tues	6:00pm-7:00pm	18-May	\$30	6 wks
	12-14yrs	The Briars Resort	Tues	7:00pm-8:00pm	18-May	\$30	6 wks
UDORA YOUTH NIGHT (drop in)	10-14yrs	Udora Hall	Tues	7:00pm-9:00pm	Apr	\$5	Mar

All programs, times, dates and prices are subject to change without notice