

SPRING SESSION 2010 SCHEDULE

APRIL 6 - JUNE 18, 2010

PUBLIC SWIM SCHEDULE

DEEP END SWIM TESTING

All participants are subject to screening by a lifeguard, before entering deep end, below are criteria one must complete to swim in the deep end of the lap pool, they are as follows;

- **Must swim 2 widths of the lap pool comfortably (without assistance).**
- **Must tread water, or support body at the surface for at least 1 min.**

	MON	TUES	WED	THURS	FRI	SAT	SUN
PUBLIC SWIM		6:45 - 8:15pm		6:45 - 8:15pm		1:30 - 3:30pm	1:30 - 3:30pm
PARENT/CHILD SWIM	11:00 - 1:00pm		11:00 - 1:00pm		11:00 - 1:00pm		
LANE SWIM	6:30 - 9:00am 11:30 - 1:00pm 8:15 - 9:15pm	7:00 - 9:00am 8:15 - 9:15pm	6:30 - 9:00am 11:30 - 1:00pm 8:15 - 9:15pm	7:00 - 9:00am 8:15 - 9:15pm	7:00 - 9:00am 11:30 - 1:00pm	1:30 - 3:30pm (Lane open during public swim)	1:30 - 3:30pm (Lane open during public swim)
OLDER ADULT SWIM	2:30 - 3:30pm		2:30 - 3:30pm		2:30 - 3:30pm		

AQUAFITNESS SCHEDULE

ADMISSION POLICY

- Children 5 yrs of age and younger must be accompanied by a parent/guardian 16 yrs of age or older. The parent/guardian is responsible for their direct supervision and must be in water & within arms reach of the child (ren) at all times. A parent/guardian may not supervise more than 2 children at any time.
- Children 6 yrs of age to 9 yrs of age must be accompanied by a parent/guardian 16 years of age or older. The parent/guardian is responsible for their direct supervision and must be in water. A parent/guardian may not supervise more than 3 children, 6 to 9 years of age, at any time.
- Children 10 years of age and older may swim without adult accompaniment.

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
8:30 - 9:15am						Aqua Deep
9:15 - 10:00am	Aqua Combo	Aqua Deep	Aqua Salsa	Aqua Boot Camp	Aqua Combo	
10:15 - 11:00am		Aqua Stretch	Aqua Stretch	Aqua Stretch		
10:30 - 11:15am	Gentle Aquafit		Gentle Aquafit		Gentle Aquafit	
2:30 - 3:15pm	Aqua Stretch		Aqua Stretch		Aqua Stretch	
5:30 - 6:15pm	Aqua Deep		Aqua Salsa		Aqua Boot Camp	
8:15 - 9:00pm	Tae Kwon Aqua	Aqua Boot Camp	Aqua Combo	Aqua Salsa		

All times, dates and prices are subject to change without notice.

GENERAL ADMISSION RATES		Daily	Group Rate 10 or more	Monthly Passes	Quarterly Passes	Yearly Passes
	Adult	\$2.75	\$2.25	\$22.00	\$52.50	\$168.00
Child 17-	\$2.25	\$1.75	\$18.00	\$44.00	\$130.00	
Senior 55+	\$2.25		\$18.00	\$44.00	\$136.50	
Family	\$8.00		\$64.00	\$105.00	\$341.25	
Single Family	\$4.50		\$36.00	\$70.00	\$230.00	
AQUAFIT ADMISSION RATES		Daily	10x Pass	30x Pass	50x Pass	
	Adult Aquafit	\$5.75	\$46.31	\$121.55	\$173.63	
	Senior Aquafit	\$4.75	\$37.04	\$98.40	\$138.92	